

# MEDIC First Aid Training Program Fact Sheet<sup>1</sup>

Throughout the transition from the 2010 to the 2015 Guidelines, ASHI and MEDIC First Aid Programs will be identified as either G2015 (revised/released) or G2010 (not yet revised/released).<sup>2</sup> The release of new science and treatment recommendations does not imply that the use of previous recommendations is not effective or unsafe.

## I. MEDIC First Aid<sup>®</sup> CPR, AED, and First Aid Training Programs

- a. BasicPlus Cardiopulmonary Resuscitation (CPR), Automated External Defibrillation (AED) and First Aid for Adults (G2015)
- b. CarePlus CPR and AED (G2015)
- c. Child/Infant CPR and AED (G2015)
- d. PediatricPlus CPR, AED, and First Aid for Children, Infants, and Adults (G2015)
- e. MEDIC First Aid Bloodborne Pathogens in the Workplace (G2015)

## II. About MEDIC First Aid and the Health and Safety Institute

- a. MEDIC First Aid CPR, AED, and First Aid training programs are developed and administered by the [Health and Safety Institute](#) (HSI).
- b. HSI is a major training organization offering high quality training materials, courses and programs for healthcare professionals, first responders, employees and the community.<sup>3</sup> Since 1978, ASHI and MEDIC First Aid authorized instructors have certified nearly 30 million emergency care providers in the US and more than 100 countries throughout the world. HSI's mission is *Making the Workplace and Community Safer.*<sup>™</sup>
- c. MEDIC First Aid CPR, AED, and First Aid training programs are equivalent to the CPR, AED, and First Aid training programs developed and administered by the American Heart Association,<sup>®</sup> Inc. (AHA) and the American National Red Cross (ARC).
- d. An HSI representative was a volunteer member of the 2015 International Liaison Committee on Resuscitation (ILCOR) First Aid Task Force and a collaborator on the 2015 International Consensus on First Aid Science with Treatment Recommendations.<sup>4</sup>

## III. MEDIC First Aid Training Programs Are Current, Evidence-Based, and Conform to the:

- a. 2015 AHA Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care (revised/released programs)
- b. 2015 AHA and ARC Guidelines Update for First Aid (revised/released programs)
- c. 2015 Caring for Our Children Basics: Health and Safety Foundations for Early Care and Education. Administration for Children and Families, U.S. Department of Health and Human Services.

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<sup>1</sup> Last reviewed/updated: May 25, 2017

<sup>2</sup> Instructors and Instructor Trainers who did not complete the 2015 Guideline Update Course offered by HSI by December 31, 2016 have had their authorization status changed to "inactive". An inactive Instructor or Instructor Trainer is not authorized to teach ASHI classes or to issue ASHI certification cards.

<sup>3</sup> Anderson ML, et al. [Rates of cardiopulmonary resuscitation training in the United States](#). *JAMA Intern Med.* 2014 Feb 1;174(2):194-201

<sup>4</sup> Singletary EM, et al; on behalf of the First Aid Chapter Collaborators. Part 9: first aid: 2015 International Consensus on First Aid Science With Treatment Recommendations. *Circulation.* 2015;132(suppl 1):S269–S311.

- d. 2011 Standards for First Aid and CPR training of the American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education, *Caring for our children: National health and safety performance standards; Guidelines for early care and education programs*. 3rd edition (“[CFOC3](#)”)
- e. The criteria of the Boy Scouts of America for [Wilderness First Aid Curriculum and Doctrine Guidelines](#)
- f. National Emergency Medical Services Education Standards, [Emergency Medical Responder](#)
- g. Recommendations of the Federal Occupational Safety and Health Administration (OSHA) [Best Practices Guide: Fundamentals of a Workplace First-Aid Program](#)

#### IV. Acceptance and Accreditation

- a. MEDIC First Aid training programs are currently accepted, approved, or recognized as an industry credential meeting the requirements of more than 1800 state regulatory agencies, occupational licensing boards, national associations, commissions, and councils in more than 550 occupations and professions.
- b. HSI is a nationally accredited organization of the Commission on Accreditation of Pre-Hospital Continuing Education. CAPCE is the national accrediting body for Emergency Medical Services (EMS) continuing education courses and course providers. CAPCE accreditation requires an evidence-based peer-review process for continuing education programs comparable to all healthcare accreditors.<sup>5</sup>
- c. HSI is a member of the Council on Licensure, Enforcement and Regulation ([CLEAR](#)), the premiere international resource for professional regulation stakeholders.
- d. HSI is a member of the American National Standards Institute ([ANSI](#)) and ASTM International ([ASTM](#)) – both globally recognized leaders in the development and delivery of international voluntary consensus standards.

#### V. MEDIC First Aid Training Programs Are Taught by Qualified Instructors Affiliated with an Approved Training Center and Are Authorized to Certify Course Participants

- a. MEDIC First Aid courses that contain psychomotor skills require an in-person, hands-on skill evaluation by a current and properly authorized MEDIC First Aid instructor to verify skill competency prior to issuance of a certification card.
- b. Online training alone does not meet the first aid and CPR requirements of the US Department of Labor, Occupational Safety & Health Administration (OSHA) standards.<sup>6</sup> Online training must be supplemented with hands-on practice. Substantial hands-on practice is needed to meet psychomotor skill performance objectives.<sup>7</sup>
- c. HSI publishes and administers a set of [Quality Assurance Standards](#) designed to monitor and improve the performance of HSI, its approved MEDIC First Aid Training Centers and Authorized Instructors so that the products and services provided consistently meet or exceed the requirements of HSI, regulatory authorities, and class participants.

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<sup>5</sup> CAPCE represents only that its accredited programs have met CAPCE's standards for accreditation. These standards require sound educational offerings determined by a review of its objectives, teaching plan, faculty, and program evaluation processes. CAPCE does not endorse or support the actual teachings, opinions or material content as presented by the speaker(s) and/or sponsoring organization.

<sup>6</sup> Thomas Galassi, “Clarification of OSHA Training Requirements for Basic First Aid and Cardiopulmonary Resuscitation (CPR),” Occupational Health and Safety Administration, August 2, 2013, Available:

[https://www.osha.gov/pls/oshaweb/owadisp.show\\_document?p\\_table=INTERPRETATIONS&p\\_id=28541](https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=INTERPRETATIONS&p_id=28541) (accessed 1/16/17)

<sup>7</sup> Bhanji F, Donoghue AJ, Wolff MS, Flores GE, Halamek LP, Berman

JM, Sinz EH, Cheng A. Part 14: education: 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. *Circulation*. 2015;132(suppl 2):S561–S573