

For MEDIC First Aid course participants:

About infection prevention measures to participate MEDIC First AID training courses, which are not one-to-one (equipment : participant) based class.

The following are guidelines to participate training courses under the COVID-19 crisis. This is an information for safe participation, and so please read it carefully.

[Preparation for prevention measures before and during the courses]

- Participants should refrain from participating if they have any of the following symptoms:
Fever, shortness of breath, cough, etc.
Before participating, please check the temperature yourself and make sure that it is normal.
- All participants should wear masks in the classroom.
- Wash your hands with soap and water for at least 20 seconds, or disinfect your hands with alcohol-based sanitizer before entering the room.
- Alcohol is used to disinfect materials in the course, therefore advise your instructor if you are allergic to Alcohol.

[About classroom preparation]

- Our instructors will prepare seats with interval of about 2 meters if the space allows.
- Our instructors will proceed training courses with the door and/or windows open depending upon the situation.
- Our instructor will keep the room ventilated with a ventilator (fan) all through the class.

[About prevention measures during skill practice]

- All the skill practices during the class will be carried out with non-latex gloves on to prevent direct contact with equipment and materials (Mannequins and AED trainers, etc.).
- For the Rescue Breathing practice, participants with rescuer role simulate Rescue Breathing with their face masks on.
- All through the skill practices, the material/equipment will be sanitized each time after the rescuer role changes

[Break time during the course]

If you leave the classroom during breaks or lunch time, wash your hands with soap and water, or disinfect with alcohol before re-entering the room.